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Disclaimer: The views expressed by contributors are not necessarily those of the Cairngorm Club

October 2019



The Cairngorm Club

Established 1887

Registered Charity
Number - SC047567

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Editor Colin Brown

Clac Dian

The Newsletter of the Cairngorm Club

Isle of Jura, July 2019

“Not so much a meet, more of a holiday” was one of the comments made at the end of the Club’s July meet to the Isle of Jura. Eighteen members, undeterred by the logistical challenge of reaching Jura and the prospect of basic camping accommodation, made the trip and enjoyed a very special long weekend. Hills were certainly climbed but members also found many other ways to enjoy the island. The following account written by Bill Morgan conveys the atmosphere of the meet perfectly:

“The Isle of Jura meet may not have been my top trip with the Club for achievement, but for all-round activity and enjoyment it might just be the best. Here is why: I started it on Friday (my birthday) by bus from Aberdeen to Glasgow then to Lochgilphead and on to Tayvallich courtesy of my concession bus pass. I sat in the sun outside Tayvallich Inn having Orkney beer, moules and frites with a side of deep fried dulse. (This should be more widely available as a bar snack!). Absolutely delicious. Joined by Helen Russell and introduced to Izy Kirkaldy before boarding the ferry to Isle of Jura for a slightly bumpy ride. Lovely campsite on the lawn of the Isle of Jura hotel at Craighouse. A little apprehensive as not camped in a wee tent for eight years, but nice facilities, only a few midges and a distillery next door. What’s not to like!

Saturday 13th: slightly overcast, up early and had breakfast, fed the campsite cat and caught the community bus, flashed my concession card along with an 80+ year old chap from Stirling by name of John, and got off at Three Arch bridge.

(continued on page 2)

(continued from page 1)

The rest of the CC Pap baggers arrived by car, bike, car and foot, and off we headed. Weather pretty dry, but tops shrouded. Marj, Joyce, Jasmine, John from Stirling and myself headed off for Beinn an Oir while rest aimed to complete all three Paps. A pleasant ascent but limited views and a little bit of wind chill on top. Back to Craighouse, freshen up and pre dinner drinks of local Lussa Gin and on to an excellent dinner at a reasonable price with an Isle of Jura whisky nightcap.

Sunday 14th: camp breakfast, fed the campsite cat again and then headed off to rent a bike. Cycled 8 miles south and west to Feolin ferry and back. Lunch in Craighouse Cafe of the most delicious smoked haddock and mussel soup. Back on the bike to Corran beach, which is a lovely sweeping soft white sand bay with only a few people around and a temperature of 20+ deg C. A ride north to Knockrome and Lowlandman's Bay where the local library is an old red telephone box. Arrived back in Craighouse and met by an almost Mediterranean scene of al fresco eating and drinking accompanied by Scottish fiddle music and song. Not a scene commonly encountered in NE Scotland but seemed almost natural here. More nice food and music in a moderately busy but not crowded bar and then so to bed.

Monday 15th: decamped, fed campsite cat and caught 0830 Ferry. Sunny and 20 deg C as we stepped aboard. I managed to tap a lift to Glasgow for bus back home, but not before a stop at the Loch Fyne Oyster Bar for a proper kipper breakfast. What a great Scottish Island experience!"



(Words and photo by Bill Morgan, Club Member, taken from his Forum post)

Lyme Disease

A recent article (available at <https://bmjopen.bmj.com/content/9/8/e025916.full>), based on GP data 2001 to 2012, from which growth was extrapolated, reported that "*The incidence of [Lyme disease] is about threefold higher than previously estimated*", i.e. over 8,000 in 2019, compared with previous annual estimates of between 2,000 and 3,000. The rise may be due to greater awareness amongst medical staff and the public, and/or to increased outdoor activities (higher tick infestation levels are not mentioned). Scotland had 27% of the total number of cases, and an estimated 15%–20% of laboratory-confirmed infections seen in the UK were caught abroad. A parallel article (Tulloch *et al.*, 2019), based on 2013-2016 data for England and Wales, reports more cases in less deprived (and rural) areas, some hot-spots in Southern England, a bimodal age distribution (with peaks at ages 6–10 and 61–65) and a predominance of male patients.

PS: A Senior Club Member reports finding a live tick on clothing left in his household wardrobe cupboard over the winter!

PPS: There was no Mr, Mrs or Dr Lyme; the disease is named after the villages of Lyme and Old Lyme in Connecticut, where the disease was identified in 1975. However, perhaps the first detailed description of what is now known as Lyme disease appeared in the writings of the Rev Dr John Walker after a visit to (deer-intensive) Jura in 1764. He wrote: "*Over the highlands in general there are fewer people to be observed either lame or decrepit than in any other country perhaps in Europe. But in the island of Jura, the cripples are remarkably numerous; owing to a very singular disease with which this island is peculiarly infected.*"

A "Sunday Outing" in October 1931

In the *Cairngorm Club Journal* no. 72 (1932), "W.D.H." (probably Hutcheon) describes a walk that he and a friend took from Maggie Gruer's Thistle Cottage in Inverey, first up Glen Ey to Altanour, and then up Ben Iutharn, in bitterly cold but very clear conditions. Rather than return to Inverey, they decided to make for Spital of Glenshee, hoping for a lift back to Braemar.

In an area unknown to either, and without a map(!), they kept as high as possible so as to use Glas Maol as a landmark, but on descending they encountered snow averaging eight inches in depth. At the hotel, they were told that the Cairnwell road was blocked. "*In no way put about, we sat down to a really superb high tea*", and then walked through to Braemar to arrive at Inverey at midnight, where "*the worthy Miss Gruer [was] waiting anxiously for us with a nice warm fire and our supper*", after a 43-mile walk.

Yahoo!

In order to disseminate Club news as widely and quickly as possible, all Members are encouraged to sign up to the Club's Yahoo! email list, by sending a request to Colin Brown (see back page). Don't worry: you won't be flooded with unwanted emails – only monthly notices of Day and Weekend Meets (and in winter Social Meets), and one or two other notices per year, but very few others.

Crampons

Pair of front-pointed Salewa crampons with rubber straps. Not new but serviceable; have fitted small/medium ladies' boots. If interested, please contact the Secretary (see back page).

Membership News

The Club is sorry to hear of the death of the following members (see also on page 6) -

Molly Gilbert	Ordinary Member since 1978
Cyril Henderson	Ordinary Member since 1984

The following new members have been admitted since the last newsletter:

Stuart Dick	Inverurie	Associate Member
Lorna Innes	Inverurie	Associate Member
Richard Frimston	Ballater	Ordinary Member
Bryan Thurston	Switzerland	Associate Member
Stephen Farrell	Aberdeen	Associate Member

Shelter Stone Visitor Book

On the September 2019 Cairngorm Traverse, the book left under the Stone for visitors/residents was found to be nearly full. It was therefore removed and, after consultation with the landowner (RSPB) and others, was replaced a week or so later with a brand-new one donated by the Club, and suitably inscribed. The Club's archives contain no fewer than 12 previous such books (from 1924 to 1963), and the most recent one may be added to that series.

A rough analysis of the (often patchy) information left by the 684 persons recorded in the 2015-2019 Visitor Book (i.e. 171 per year – no doubt many fewer than the actual visit rate) indicates that:

- 46% stayed overnight
- 53% lived in Scotland, 27% other UK, 19% other Europe, and 1% elsewhere
- 14% recorded climbing, 14% camping, 11% litter, 6% swimming, and 20% wind!

Mid-Week Walkers

Who are we?

We are a friendly group who enjoy a 4-5 hour walk, usually on the last Thursday of each month.

Where do we go?

Our varied programme takes in coastal and suburban walks, as well as visits to the hills and glens. Winter walks involve shorter drives and distances than the summer ones, but our destination is never more than 1.5 hours drive from Aberdeen. For anyone not rushing home there is usually a tearoom visit after each walk. We aim to be finished in time to get back to Aberdeen for mid to late afternoon.

Interested?

Meet us at the designated meeting point for the walk just before 9 am to arrange car sharing, or make your way directly to the starting point of the walk.

Code	Location	GridRef
K	Kingswells Park and Ride (lower level)	868036
R	Riverside Drive (near Brig of Dee)	928036

The programme of walks can be found in the Club newsletter or on the web page, but for further details or to be added to the group mailing list please contact me, Joyce Ritchie, at vp@cairngormclub.org.uk

At Kingswells there are toilets and a waiting room.

<https://www.firstgroup.com/aberdeen>

<https://www.stagecoachbus.com/about/north-scotland>

<https://www.aberdeenairport.com/transport-and-directions/buses-and-coaches>

Club Dinner

The Club Dinner is booked for Friday 22nd November at the Doubletree by Hilton on the Beach Boulevard. After the dinner, our guest speaker, Stephen Venables, will give an illustrated talk on "Thirty Years Voyaging to the Unclimbed Summits of Antarctica". Further information nearer the date, but the cost will be £24 per person.

During the 1980s Stephen Venables made many first ascents in the Himalaya, including a new route up the mighty Kangshung Face of Everest, becoming the first Briton to reach the summit without oxygen. Soon after that epic climb he headed south – on the first of many expeditions to the mountains of Tierra del Fuego, South Georgia and the Antarctic Peninsula. Stephen will recount some of the highlights of those trips – sailing the infamous Drake Passage, skiing amongst the penguins and reaching some of the remotest unclimbed summits on Earth.

Munro Completion

On 24th August, Club member Hugh William Munro (usually known as Willie) completed the Munros on Slioch. Nothing too special in that on its own, but he is the first person of the name Hugh Munro to appear on the SMC Completers' List. Once he realised that the name Hugh Munro did not appear on the list, he planned to compleat during the year of the centenary of Sir Hugh Munro's death and it attracted some media interest. Willie has been a member of the Cairngorm Club for about 5 years but has to confess that he has not yet been very active within the Club. This is to a large extent because he had been focussing on getting through the Munros and any meets that he could have gone on weren't to places which helped him to get to any new 'ticks'. Now that this pressure is off, he hopes to be able to become more active in the Club.

Well done Willie on your compleation.

Indoor Meets—Winter 2019/20

This winter, the Club's Indoor Meets and AGM will all take place at the Doubletree by Hilton on the Beach Boulevard (the venue used for recent Club Dinners). Costs for attendance will remain at £3 for members, £5 for non-members.

The programme will be -

- Wednesday 13th November – A.G.M. (with some slides from Anne Cordiner's collection)
- Wednesday 4th December – John Love "A Saga of Sea Eagles"
- Wednesday 8th January – Member's Night
- Wednesday 5th February – Club Member and multiple completist, Robin Howie "Reminiscences"
- Wednesday 4th March – Carol Ritchie "Europarc and Sustainable Tourism"

All start at 7.30pm and, as before, tea and coffee will be provided after the talk. There are good parking facilities at the venue, but access by public transport is less easy. Eilidh is anxious that this won't stop our members coming, so if anyone would benefit from getting a lift there, can you contact Eilidh by email at social@cairngormclub.org.uk and she will try to facilitate that.

Hilltrek

This well-known shop, owned by a Club member, has recently moved from its central Aboyne site to the Deeside Activity Park, a little way off the A93 Deeside road a mile or so beyond Kincardine O'Neil, on the road to Alford.

Glen Ey Woods

On 2 August, car access up the glen was used to transport two parties and their material. In one, Lydia Thomson and David Elston (non-member) carried out a plant survey within the Altanour areas fenced off in 2015; they re-identified most of the 115 species found there in the 2016 baseline survey, and discovered about 25 "new" ones, including a rare fern. At Piper's Wood, Kees Witte and Richard Frimston erected a new stile to give direct access across the south fence of the new section, fenced off in 2013. In all three exclosures, tree regeneration is coming along nicely, with several score young trees already up to a metre high at New Piper's Wood, while young larches and rowan (but not yet much birch) are becoming obvious at Altanour. It is hoped that the next issue of the Club *Journal* will contain a botanical report.

Postscript: At the start of the year, Jay Turner kindly agreed to act as monitor and record-keeper for the Glen Ey Woods, keeping a record of the Club's activities there, botanical and other, and being a point of contact for queries or reports of issues arising. Unfortunately, due to an accident, Jay has to relinquish this role, and the Club is very grateful to Richard Shirreffs for agreeing to take it on in her place.

River Trials

In a 3-year trial in Glen Muick, the lower legs and feet of culled deer, which have no commercial value, are being used to replace the nutrients once left by dying salmon in various tributaries of the Dee. The effects on algae, insects and aquatic life, and of course on juvenile salmon, will be studied. A video is available at <http://www.riverdee.org.uk/news/2019/river-dee-conservation-series-river-muick>.

Scottish Mountaineering Club Journals

The following volumes and issues are still available for disposal to Club members. If not wanted, they will be offered to SMC members, and/or to the second-hand trade:

- Leather/cloth-bound in brown: Volumes 21-26 (1892-1959) and 30-31 (1972-1979), in reasonable (later) or poor (earlier) condition
- Unbound: Individual issues 24 (Vol. 4, 1897), 64 (Vol. 11, 1911), 65, 67, 70, 85, 87 (no cover), 91, 94, 96 (2 copies) (Vol. 16, 1923), 114 (Vol. 19, Nov. 1932), 139, 142 (2 copies), 145, 149, 150, 171-180. Earlier items in poor or very poor condition
- Indexes Vols. I-X (two copies) and Vols. 11-20, unbound

Munroist List Clerk

To register a completion of a round of the Munros, of the Tops, Furths, Corbetts, Grahams or Donalds, members should contact Alison Coull who is the "Clerk of the List" for the SMC.

Please contact her at -
munroclerk@smc.org.uk

Alison Coull
258/1 Ferry Road
Edinburgh
EH5 3AN

DISCOUNTS

*Cotswold - Blacks
Craigdon Sports
Nevisport*

*Hilltrek - Aboyne
Climbing - Ballater*

All the above shops offer discounts to Club members on production of a current membership card

TISO discount nights 6.30 to 8.30 pm, quarterly.

Payments to the Club

The Club bank details are: Sort Code 831531; Account no. 00129748.

So that the payment can be allocated to the right place, please use what the payment is for as the reference e.g., "Traverse" or "Membership". There is no need to include your name. Note that the reference field is limited to 18 characters including blanks.

Club Forum

If you are not already a member, why not register for the Club Forum? You can register at - <https://www.tapatalk.com/groups/cairngormclub/index.php>.



Lunch & Danders

The next Lunch and Dander will be on Friday 11th October, meeting at Forvie Sands Car Park at 10:30am, with lunch at the Newburgh Inn at 12:30pm.

Please advise Ruth Payne by Wednesday 9th October if you would like to join the lunch gathering.

Another two Lunch & Danders have been planned, with the first on Friday 13th December, meeting at Drum Castle car park at 10:30am, with lunch at Mains of Drum at 12:30pm.

The second will be on Friday 21st February, 2020, meeting at Haddo House at 10:30am, with lunch at the Aberdeen Arms, Tarves, at 12:30pm.

Please advise Ruth by Wednesday 11th December, and Wednesday 19th February, respectively, if you would like to join the lunch gatherings.

Muir Cottage

Visitor numbers have been very encouraging in 2019. However I would still like to encourage more members to enjoy your cottage, it's well equipped, easy to reach and it's in the middle of the beautiful Cairngorms National Park. Also there are 37 Munros, 8 Corbetts and a Graham within 12 miles of Muir.

Sixteen members took part in the 2019 work weekend. The weather was not very kind to us but all inside jobs were completed. Next year the work weekend will take place two weeks earlier from Thursday 14 May to Sunday 17 May. Recently new fencing was installed and the gate posts were changed as well. The hot water problem which had dogged us for months was finally resolved.

All booking information is on the web <http://www.cairngormclub.org.uk/muircottage/muircottage.htm> or contact David Kirk at - muir-booking@cairngormclub.org.uk

Kees Witte, Hut Custodian

Scott Brooks

Earlier this year Scott Brooks offered his services to Club members, for free, while he was working towards his MIA. Several members climbed with Scott and those who spent time with him were impressed by his knowledge of climbing and his skills as an instructor. Scott has now gained his MIA. If any member is interested in climbing with Scott he can be contacted at - scott.mountainandmor@gmail.com.

NTS Cards

As a member of the National Trust for Scotland, the Club holds 5 NTS cards which allow free access and parking to NTS properties (and NT ones in England and Wales) for Club members and their guests. To borrow for a week or two, please contact the Secretary (see back page).

Physiotherapy Services

For treatment of injuries or conditions which have arisen during sporting activities or affect participation in them, other than chronic degenerative conditions. Cost £39 (a discount of £5) on proof of Club membership (e.g. card); priority appointments for Club members; next-day appointments if booked before 12 noon.

Aberdeen Physiotherapy - 01224 626266

Weekend Meets

Further to the Weekend Meets detailed on pages 8, 9 and 10, listed below are the meets organised for early 2020:

13 - 14 Mar (2 nights)	Corran Bunkhouse	Helen Russell
3 - 4 Apr (2 nights)	Sanachan Bunkhouse, Kishorn	Evi Szczeblewska
1 - 3 May (3 nights)	Strawberry Cottage, Glen Affric	Alison Brown
5 - 6 Jun (2 nights)	CIC Hut, Ben Nevis	Mark Peel

Deaths

The Club is sad to note the death in Kendal, on 28 July 2019 at the age of 96, of Cyril Henderson, who had been an Ordinary Member of the Club since 1984. A longer obituary is planned for the next issue of the Cairngorm Club Journal.

The Club also regrets to report the death, on 16 August 2019, of Mrs Molly Gilbert, an Ordinary Member since 1978. Before moving to Huntingdon, she and her husband Derek lived in Strachan.

Cairngorm Mountain

Given the current uncertainty over the repair of the funicular, North-East Mountain Trust, with other regional environmental NGOs, is considering what attitude and possible action to take up as regards future development plans by Highlands & Islands Enterprise (HIE, the current company operator).

CLUB SUBSCRIPTIONS

Subscriptions for the year 2019/20 became due on 1st October 2019.

For those paying by Direct Debit this was collected automatically on 1st October. Others should send their subscriptions to Derek Pinches, the Club Treasurer.

Cairngorm Club Subscription rates for 2019/20 are as follows:

	Club	MCoFS	Total
Full Rate	£13.00	£16.25	£29.25
Reduced Rate	£6.50	£16.25	£22.75

The reduced rate above is available for members who, on 1st October, are aged 65 or over, or under 21; or under 25 and still in full-time education; or who are normally resident and working more than 80km from Aberdeen.

First subscriptions are only part of a full year's subscription, based on when admission occurred within the Club year.

Training

Navigation Training

Want to gain confidence in your navigation? Then why not join us for an evening of night navigation at the Kirkhill Orienteering course? This is a great way to get confidence in a safe environment. Wed Nov 27th, 18:30 at the Kirkhill car park.

A more in-depth afternoon and evening is planned for Sat 18th Jan. The aim is to go over techniques in the afternoon, before the darkness falls, and we navigate our way off the hill. This will be a location in Deeside, so not too far to travel. We will be working together, so these are both a great way to learn whatever your level.

Winter Skills

We will be organising an instructor to coincide with the February weekend meet (7 - 8 Feb 2020). As usual, topics covered will depend on the wishes of the group but will likely cover such things as moving on snow and ice, ice axe arrest, winter navigation and avalanche awareness. With costs heavily subsidised by the Club (c. £40 for the two days) this is a great value and popular course.

First Aid

The Club regularly organises accredited First Aid Courses. The next course will be organised when we have enough folk interested – so please register if you are. To book or register your interest in any of the above activities, please contact Garry Wardrope by email at day@cairngormclub.org.uk (full contact details on the back page).

Cairngorm Club Journal

Articles and photographs are sought by the Editor for Issue 113, particularly articles reflecting Club and Members' achievements, and the history and culture of mountain communities. Any tentative ideas can be discussed at an early stage with the Editor. Drafts should be submitted in Word format by December 2019. The Committee has agreed to a trial run of a digital print run so for the first time photographs accompanying articles will be in colour.

The colour photograph section in Issue 112 proved popular and will be repeated in Issue 113. Photographs which show particular achievements of Club members and the Club should be submitted in high resolution to the Editor and have a caption and date.

If Members can be identified in any photograph, their permission should be obtained prior to submission.

Please note: bookings are not confirmed until payment is made to the Club.



11 - 12 Oct, Forest Way Bunkhouse (2 nights)

Forest Way bunkhouse is situated at Lael, near Ullapool and close to the Ben Dearg (Ullapool) group. The Fannichs, An Teallach and the Fisherfields are also easily accessible. However if you are not bagging Munros there is a delightful selection of hills, of all other classifications, to the north of Ullapool, including Stac Pollaidh and Suilven. To book, contact Colin Brown on email at newsletter@cairnngormclub.org.uk.

8 - 9 Nov, Blackrock Cottage (2 nights)

A welcome return to a favourite venue: the Club will be visiting Blackrock Cottage for the November meet. The facilities were upgraded in 2015 although the hut retains its rustic character. Situated at the top of Glencoe, it gives excellent access to Glencoe, Glen Etive and indeed the Black Mount. To book, contact Joyce Ritchie on email at vp@cairnngormclub.org.uk.

6 - 7 Dec, Inverardran Cottage, Crianlarich (2 nights)

We return to the Ochils MC club hut at Crianlarich for our Christmas meet. This comfortable and well located hut is cosy base for the December meet. After enjoying the Crianlarich hills, you will have built up an appetite for a festive meal on the Saturday evening. To book, contact Sue Chalmers on email at vp@cairnngormclub.org.uk.

24 - 25 Jan, Muir Cottage, Burns Supper (2 nights)

The January meet is the traditional celebration of the national bard. The venue is our own Muir Cottage and the Burns Supper itself will take place on Sat 25 Jan. To book your accommodation, please contact Marj Ewan on email at ccpresident@cairnngormclub.org.uk.

7 - 8 Feb, Karn House, Aviemore (2 nights)

The FRCC hut Karn House in Aviemore is the venue for the February meet 2020. This location is ideal for winter walking or climbing in the northern Cairngorms. With a bit of luck skiing might even be possible! The club's annual winter skills training will also be held this weekend. (More details on that to follow). To book, contact Jamie Vince on email at ctte3@cairnngormclub.org.uk.

Day Meets (departure time; map sheet(s); grid reference(s) of drop-off and pick-up points; walking time; cost; means of transport; organiser contact details)

Mid-Week Walks (departure time; map sheet; departure point; organiser contact details)

Weekend Meets (organiser; telephone number; email contact)

Climbing (Summer) (low or high water, organiser; contact details)

Day Meets take place once a month and can be by coach, mini-bus or car, or by bus share or service bus. Meets are generally on Sundays but occasionally on Saturdays. Members should contact the Meet organiser to book a place, and the organiser or Day Meets Secretary can be contacted should any additional information be sought.

Meets generally leave Aberdeen at 7am (sharp!); departure times and cost are listed in the centrefold of this Newsletter. On all Meets, an organised "President's Party" walk will be available for those new to the Club or for members who simply want a day out without the challenge of route finding or navigation. The following Day Excursions are offered for Autumn/Winter 2019.

More details are at www.cairnngormclub.org.uk/clubactivities/clubactivities.htm.

October 26, Beinn Bhrotain (Saturday)

This minibus meet will see the party leave from Linn o' Dee for Beinn Bhrotain. Many low-level options are possible, a visit to Corrou bothy, the Garbh Choire refuge or a walk up Glen Ey all possible. To book, contact Garry Wardrope at email day@cairnngormclub.org.uk.

November 24, Mount Battock (Sunday)

This minibus meet will see the party start at Millden Lodge in Glen Esk, go over Mount Battock and then down through either Glen Dye or over Clachnaben, finishing either at the car park usually used to ascend Clachnaben, or Bridge of Dye on the Cairn o'Mount road. To book, contact Colin Brown on email at newsletter@cairnngormclub.org.uk

December 15, Bennachie (Sunday)

This minibus meet will have an 8am start from St Margaret's, with the drop-off at Insch. The party will then traverse over Bennachie to the Bennachie Centre where they will then go to the Gordon Highlander in Inverurie for festive fare and maybe a drink or two. To book, contact Derek Beverley on email at meetorganiser16@cairnngormclub.org.uk.

January 12, Lochnagar (Sunday)

Our traditional first meet of the year is by coach to Lochnagar. As usual the President's Party will make for the Lochnagar summit, but there are plenty of alternatives. After the walk we are again stopping at the Burnett Arms Hotel for High Tea. The cost will be £31.50 including High Tea or £15 bus only. To book, contact Garry Wardrope at email day@cairnngormclub.org.uk.

February 22, Carn A'Gheoidh (Saturday)

This minibus meet will drop off in Glenshee (or en route thereto), and pick up at the Spittal, so here are plenty of other options for this meet. You could even take a gentle stroll back to Braemar for coffee and cakes. To book, contact Garry Wardrope by email at day@cairnngormclub.org.uk.

October

11	Fri	Lunch & Dander	Meet at Forvie Sands Car Park at 10:30am with lunch at the Newburgh Inn at 12:30. (Ruth Payne)
11	Fri	Weekend	Forest Way Bunkhouse, Lael, Ullapool (Colin Brown; newsletter@cairngormclub.org.uk)
15	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
22	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
26	Sat	Day Meet	Beinn Bhrotain (7am; 43; 063898; 7hrs; £12.50; minibus; Garry Wardrope; day@cairngormclub.org.uk)
29	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
31	Thur	MWW	Strathfinella to Meikle Tap & Blackyduds (9am; 45 R; Ian Bryce)

November

5	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
8	Fri	Weekend	Blackrock Cottage (Joyce Ritchie; vp@cairngormclub.org.uk)
12	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
13	Wed	AGM	7.30pm at the Double Tree Hilton (Ken Thomson; secretary@cairngormclub.org.uk)
19	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
22	Fri	Dinner	Dinner - Double Tree by Hilton on the Beach Boulevard, Aberdeen. 7 for 7:30pm (Eilidh Scobbie; social@cairngormclub.org.uk)
24	Sun	Day Meet	Mount Battock traverse, Glen Esk to Glen Dye (7am; 44 & 45; 542781- 649867; 7hrs; £12.50; minibus; Colin Brown; newsletter@cairngormclub.org.uk)
26	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
28	Thur	MWW	Braeroddach (9am; 37; K; Richard Shirreffs)

December

3	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
4	Wed	Indoor	John Love - A Saga of Sea Eagles (Eilidh Scobbie; social@cairngormclub.org.uk)
6	Fri	Weekend	Inverardran Cottage, Crianlarich (Sue Chalmers; weekend@cairngormclub.org.uk)
10	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
13	Fri	Lunch & Dander	Meet at Drum Castle Car Park at 10:30am with lunch at the Mains of Drum at 12:30. (Ruth Payne)
15	Sun	Day Meet	Bennachie (8am; 37 & 38; 630276 - 700215; 5hrs; £12.50; minibus; Derek Beverley; meetorganiser16@cairngormclub.org.uk)
17	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
19	Thur	MWW	Udny Green to Tarves (9am; 30 & 38; C; Marion White)

January 2020

7	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
8	Wed	Indoor	Members Night (Eilidh Scobbie; social@cairngormclub.org.uk)
12	Sun	Day Meet	Lochnagar (7am; 44; 311852; 7hrs; £15; Coach; Garry Wardrope; day@cairngormclub.org.uk)
14	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
21	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
24	Fri	Weekend	Muir Cottage, Burns Supper Weekend (Marj Ewan; ccpresident@cairngormclub.org.uk)
28	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
30	Thur	MWW	Hazelhead to Kingswells via Maidencraig and the Bucks Burn (9.30am; 38; Hazelhead Park car park; Lydia Thomson)

February

4	Tue	Climbing	Indoor Climbing (Rod Campbell; ; climb@cairngormclub.org.uk)
5	Wed	Indoor	Robin Howie - Reminiscences (Eilidh Scobbie; social@cairngormclub.org.uk)
7	Fri	Weekend	Karn House, Aviemore (Jamie Vince; ctte3@cairngormclub.org.uk)
11	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
18	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
21	Fri	Lunch & Dander	Meet at Haddo House at 10:30am with lunch at the Aberdeen Arms, Tarves at 12:30. (Ruth Payne)
22	Sat	Day Meet	Carn A'Gheoidh (7am; 43; 139782 - 110699; 6.5hrs; £12.50; minibus; Garry Wardrope; day@cairngormclub.org.uk)
25	Tue	Climbing	Indoor Climbing (Rod Campbell; climb@cairngormclub.org.uk)
27	Thur	MWW	A Coastal Walk - The Bullers of Buchan (9am; 30; K; Ian Murray;)